

# Spring / Summer Menu 2017 with The Greens



Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1 - 17.04.17, 08.05.17, 05.06.17, 26.06.17, 17.07.17, 18.09.17, 09.10.17</b>				
Farm Assured Sausages in a Roll with Potato Salad	Beef Bolognese with Penne Pasta and Garlic Bread	Roast Chicken with Stuffing, Gravy and Roast Potatoes	Creamy Chicken Tikka Masala with Cucumber Raita and Rice	Fishfingers with Homemade Tomato Ketchup and Chips
Veggie Sausages in a Roll with Potato Salad	Vegetable and Bean Pasty with New Potatoes	Vegetarian Cottage Pie with Gravy	Classic Margherita Pizza Slice with Oven Baked Potato Wedges	Cheese and Tomato Quiche with Chips
Sweetcorn and Green Beans	Broccoli and Oven Baked Peppers	Carrots and Cabbage	Cauliflower and Courgettes	Baked Beans and Garden Peas
Apple Flapjack Crumble with Custard	Fruity Jelly with Yoghurt	Rice Pudding with Apple Puree	Carrot and Raisin Cake with Vanilla Sauce	Apricot Traybake with Yoghurt or Milk
<b>WEEK 2 - 24.04.17, 15.05.17, 12.06.17, 03.07.17, 04.09.17, 25.09.17, 16.10.17</b>				
Farm Assured Beef Burger in a Bap with Tomato Relish and Oven Baked Potato Wedges	Sticky Texas Style BBQ Chicken with Rice	Roast Beef and Gravy with Roast Potatoes	Mosborough's Magnificent Chicken Pizza with Potato Salad	Breaded Fish Fillet with Homemade Tomato Ketchup and Chips
Quorn Burger in a Bap with Tomato Relish and Oven Baked Potato Wedges	Cheesy Topped Tomato and Basil Pasta Bake with Garlic Bread	Vegetable and Chickpea Wellington with Gravy and Roast Potatoes	Mixed Pepper Pizza Slice with Potato Salad	Kennal Vale's Beany Wrap with Chips
Crunchy Coleslaw and Sweetcorn	Courgettes and Cauliflower	Carrot, Swede Mash and Savoy Cabbage	Broccoli and Sweetcorn and Red Peppers	Baked Beans and Garden Peas
Peach Crumble Tart with Custard	Oat and Raisin Cookie with Yoghurt	Pear Sponge with Custard	Fruity Jelly with Yoghurt	Fruity Traybake with Yoghurt or Milk
<b>WEEK 3 - 01.05.17, 22.05.17, 19.06.17, 10.07.17, 11.09.17, 02.10.17</b>				
Chew Magna's Marvellous Cheesy Bolognese Pasta Bake with Garlic Bread	BBQ Chicken Pizza with A Half Jacket Potato	Roast Chicken with Stuffing, Gravy and Roast Potatoes	Chilli Beef Burrito with Vegetable Rice	Fishfingers or Salmon Fishfingers with Homemade Tomato Ketchup and Chips
Vegetable and Butter Bean Strudel with Potato Salad	Vegetable Curry with Rice	Vegetable Roast with Stuffing, Gravy and Roast Potatoes	Macaroni Cheese with Herby Bread	Cheese and Potato Flan with Chips
Cauliflower and Courgettes	Green Beans and Sweetcorn	Carrots and Cabbage	Redslaw and Broccoli	Baked Beans and Garden Peas
Rice Pudding with Fruit Compote	Apple and Raisin Slice with Custard	Fresh Fruit Salad with Yoghurt	Peach Marble Sponge with Chocolate Sauce	Raisin Shortbread Traybake with Yoghurt or Milk

Includes wholegrain offering pupils a great source of fibre for healthy digestion.

Contains at least half a portion of vegetables, increasing fibre, folate, vitamin A and vitamin C.

Contains at least half a portion of fruit, to help pupils on their way to achieving their 5 A DAY!

**Served Daily**

Freshly Baked Bread

Seasonal Vegetables/Salads

Fresh Fruit

Organic Yeo Valley Yoghurt

Halal meat is offered where requested by schools.



**ON A MISSION**

To inspire and educate pupils to think differently about food, cooking, health and our environment!